

Established 1992



Reg. Charity No.
1062749

Kashmir International Relief Fund

255 High Road London E11 4HH

Phone: **08700 421 700** / **07946 412 232** / **+44 20 8519 0090**

Email: **info@kirf.org**

Web: **www.kirf.org**

KIRF | Emergency Medical Supplies List: www.kirf.org/news/medicalsupplies.pdf

URGENT PRESS RELEASE

KIRF URGENT APPEAL FOR MEDICAL SUPPLIES

LONDON, 15-OCTOBER-2005 – Kashmir International Relief Fund (KIRF) today launched an urgent appeal for medical supplies to help treat earthquake victims.

Ishfaq Ahmed, KIRF Chief Executive, said: “Medical supplies are running short and we need to replace them immediately. KIRF is urging all medical organisations to donate life-saving medical supplies to help treat the earthquake victims. Survivors are enduring profound agony or dying whilst waiting for treatment. KIRF will use the supplies at its medical camps in the disaster area.”

The provisional list of basic but urgently needed supplies that has been requested by our medical teams is included with this release or can be downloaded from www.kirf.org/news/medicalsupplies.pdf

Editor Notes

Kashmir International Relief Fund (KIRF) is the largest charity and NGO in Azad Kashmir – the region most affected by the devastating earthquake on 8th October 2005. As a registered UK charity, KIRF has been at the forefront of providing humanitarian relief, welfare and development to the people of Azad Kashmir since 1992. KIRF has a long understanding and capability to deal with the human tragedy resulting from natural or political disasters. Our thoughts and prayers are with everyone affected by this unprecedented earthquake in the region. KIRF will use all its efforts to help the emergency relief effort in the short term and also to lead the way in the long-term development effort that will be necessary in the weeks, months and years to come.

KIRF will work with the Kashmiri, Pakistani and international communities globally to help rebuild and rehabilitate the disaster area. KIRF has and will always work in Kashmir – especially when the world’s attention turns elsewhere.

For more information please contact:

Ishfaq Ahmed

KIRF Chief Executive

Phone 07946 412 232

Email. info@kirf.org

Web. www.kirf.org

Established 1992



Reg. Charity No.
1062749

Kashmir International Relief Fund

255 High Road London E11 4HH

Phone: 08700 421 700 / 07946 412 232 / +44 20 8519 0090

Email: info@kirf.org

Web: www.kirf.org

KIRF | Emergency Medical Supplies List: www.kirf.org/news/medicalsupplies.pdf

KIRF | Emergency Medical Supplies

1. Medicines

A. GIT

Gaviscon/ Maalox/ asilone/ mist mag trisil
Buscopan 10mg tabs
Buscopan 20mg/ml inj
Ranitidine 150mg tabs
Lansoprazole 30mg tabs
Omeprazole 20mg tabs
Lomotil = cophenotrope tabs
Loperamide 2mg caps
Senna 7.5mg tabs
Glycerol supps adult and child
Lactulose solution
Proctosedyl supps

B. CVS

Digoxin 125mcg tabs
Frusemide 40mg tabs
Frusemide 10mg/ml inj
Propranolol 10mg tabs
Atenolol 50mg tabs
Doxazosin 4mg tabs
Lisinopril 10mg tabs
GTN 500mcg s/l tabs
Bendrofluazide 2.5mg tabs
Amlodipine 10mg tabs
Aspirin 75mg tabs
(streptokinase inj)

C. Respiratory

Salbutamol inhaler
Salbutamol nebuliser solution 5mg
Prednisolone 5mg tabs
Hydrocortisone 50mg inj
Aminophylline 100mg tabs
Normal saline sachets 10ml
Beclomethasone inhaler 100mcg
Piriton 4mg tabs
Piriton 10mg inj
Loatadine 10mg tabs
Adrenaline 1:1000 inj im/sc
Oxygen cylinders

D. CNS

Diazepam 5mg tabs
Haloperidol 5mg tabs
Haloperidol 5mg/ml inj
Amitriptyline 25mg tabs
Stemetil (prochlorperazine)5mg tabs

Maxolon (metoclopramide)10mg tabs
Maxolon (metoclopramide)5mg/ml inj
Paracetamol 500mg tabs
Coproxamol tabs
Tramadol 50mg tabs
Pethadine 50mg inj
Diamorphine 5mg inj
Diazepam 5mg rectal solution

E. Infections

Amoxycillin 500mg caps
Amoxicillin 125 powder
Flucloxacillin 500mg caps
Flucloxacillin 125 powder
Coamoxiclav 375mg tabs
Cofluampicil 250/250 tabs
Cefadroxil 500mg tabs
(cefuroxime 250mg tabs)
Erythromycin 500mg tabs
Erythromycin 125 mg powder
Chloramphenicol eye oint
Trimethoprim 200mg tabs
Metronidazole 400mg tabs
Quinine 300mg tabs
Mebendazole 100mg tabs
Acyclovir 400mg tabs

F. Endocrine

Actrapid insulin inj
Lantus insulin glargine inj
Metformin 500mg tabs
Gliclazide 80mg tabs
Thyroxine 50mcg tabs
Prednisolone 5mg tabs

G. Eye/ear

Chloamphenicol eye drops/ oint
Predsol eye drops
Minims lignocaine + fluorescein eye drops
Sofradex ear drops

H. Derma

Betnovate cream
Daktacort cream
Hydrocortisone 1% cream
Fucidin cream
Malathion lotion
Betadine solution

Established 1992



Reg. Charity No.
1062749

Kashmir International Relief Fund

255 High Road London E11 4HH

Phone: [08700 421 700](tel:08700421700) / [07946 412 232](tel:07946412232) / [+44 20 8519 0090](tel:+442085190090)

Email: info@kirf.org

Web: www.kirf.org

KIRF | Emergency Medical Supplies List: www.kirf.org/news/medicalsupplies.pdf

I. Vaccines

Tetanus vaccine
DT polio vac
Hep A vac
Typhoid vaccine

J. Misc

Diclofenac 50mg tabs
Ibuprofen 400mg tabs
Depo medrone 40mg inj
Syntometrine inj
Urinary foley catheters various sizes
Ferrous sulphate 200mg tabs
Dioralyte sachets/ Oral rehydration solution
IV Normal saline
IV dextrose saline
IV 5% dextrose
Lignocaine 1%
Lignocaine with adrenaline 1: 200 000

2. Basic equipment / Supplies

- Basic resuscitation sets
- Thermometers
- Peak flow meters
- Stethoscopes
- Auriscopes
- ophthalmoscopes
- Foetal pinnard
- Nebulisers
- Nitrous oxide cylinders
- Steriliser machines
- Syringes (various sizes)
- Needles (various sizes)
- Hibiscrub
- Povidone iodine
- Dressing packs
- Inflatable Splints / Fracture stabilisers
- Minor procedure sets
- Surgical instruments – forceps, mosquito forceps, scissors, scalpel handles
- Blades
- Suture material, both absorbable and non absorbable and different sizes
- Dressings / plasters
- Bandages
- Tubigrip
- Steristrips
- Intravenous fluid giving sets
- Surgical gloves (various sizes)
- Surgical drapes